

The “Present” Question About Your Prayer Life

When you're not rushed or distracted, explore the following questions about your prayer life. Make an honest assessment of how things actually are—not how you'd like them to be *someday* or how you'd want to be viewed by *others*. Explore these questions honestly. Write out your answers on this worksheet. As you do, let the Holy Spirit coach you to pray.

How would you rate your prayer life between 1 and 10, with 10 being the highest score?

What words come to your mind to describe your current prayer life?

What outcomes or results is your prayer life currently producing?

How do you feel about your prayer life as it is now?

What effect does your prayer life have on your relationship with God?

What would God say about your prayer life?